



ARE YOU A PARENT/CARER OF A CHILD AGED 2-11 YEARS OLD?

BEING A PARENT 8 WEEK COURSE

A FREE COURSE DELIVERED FOR PARENTS BY PARENTS! (EPEC, EMPOWERING PARENTS, EMPOWERING COMMUNITIES)

Topics covered:
Being a parent, Feelings, Valuing my Child, Play, Listening, Understanding Children's Behaviour and Discipline

For more information and to reserve your place, Contact:

0208 304 9609
Jayne@bexleymoorings.co.uk

Or Scan the QR code to register your interest:

NHS South London and Maudsley NHS Foundation Trust
EMPOWERING PARENTS EMPOWERING COMMUNITIES
KING'S College LONDON
BEXLEY MOORINGS PROJECT
KING'S HEALTH PARTNERS
Pioneering better health for all
CPCS THE CENTRE FOR PARENT & CHILD SUPPORT